



SUMMER PROGRAM WITH VISHWAGURUJI IN VÉP

SUMMER 2023 Vép, Hungary

Fundraising for social projects of Int. Sri Deep Madhavananda Ashram Fellowship

We are happy to invite you for this summer Yoga-Training Camps and Satsang programmes with Vishwaguruji in Vép, Hungary

COURSE A: YOGA IN DAILY LIFE – PHYSICAL, MENTAL AND SPIRITUAL HEALTH: For participants of all levels. Yoga-exercises (asanas and pranayamas, relaxation, yoga-nidra), concentration, meditation, lectures about yoga-philosophy, healthy life-style, nourishment etc.

COURSE B: FIND YOUR DIVINE SELF WITHIN YOURSELF: Meditation-seminar with Kriya-Anusthana-technique only for aspirants who are living vegetarian, practise a mantra from Vishwaguruji more than three years and regularly attend yoga-classes and satsangs.

YT- TRAINING: Advanced training for certified YIDL-Teachers, registered Yoga-teacher assistants and -aspirants.

	Dates
Option 1	August 18 st – 25 th from Friday till Friday
Option 2	August 20 st – 27 th from Sunday till Sunday
Option 3	August 18 st – 27 th from Friday till Sunday

Start first day: Dinner at 5.00 pm., Satsang at 7.00 pm. Rooms are ready after 4.00 pm. End last day: after Breakfast

PLEASE, REGISTER IN YOUR YOGA-CENTER LATEST JULY 28TH (FRIDAY)

Registrations are valid only after full payment of the seminar-fee. By registering the participants accept the regulations given for this seminar. Please, register and get your entry permit at the office upon arrival!

Attention: The authorities in HU require that at the registration in Vép a filled-up registration form (see attachment) as well as valid identity document (passport or identity card) is presented. Driver's license is not sufficient.

Under the law, the consent form must be signed by non-members, children below the age of 16 years and non-European.

All participants agree that the remaining money after covering all costs for the seminar will be donated for social projects in India.

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