



SUMMER PROGRAM WITH VISHWAGURUJI IN STŘÍLKY

SUMMER 2023

Mahaprabhudeep Ashram Střilky, CZ

Fundraising for social projects of Int. Sri Deep Madhavananda Ashram Fellowship

**We are happy to invite you for this summer Yoga-Training Camps and
Satsang programmes with Vishwaguruji in Střilky, CZ**

COURSE A: YOGA IN DAILY LIFE – PHYSICAL, MENTAL AND SPIRITUAL HEALTH: For participants of all levels. Yoga-exercises (asanas and pranayamas, relaxation, yoga-nidra), concentration, meditation, lectures about yoga-philosophy, healthy life-style, nourishment etc.

COURSE B: FIND YOUR DIVINE SELF WITHIN YOURSELF: Meditation-seminar with Kriya-Anusthana-technique only for aspirants who are living vegetarian, practise a personal mantra from Vishwaguruji more than three years and regularly attend yoga-classes and satsangs.

YT- TRAINING: Advanced training for certified YIDL-Teachers, registered Yoga-teacher assistants and -aspirants.

	Dates		Dates
GP weekend 1	July 7 th – 9 th Gurupurnima celebration	Week 5	August 4 th – 11 th
Week 1	July 7 th – 14 th	Birthday weekend 6 General Assemblies on 12 th	August 11 th – 13 th Vishwaguruji's birthday celebration
Week 2	July 14 th – 21 st	Week 6	August 11 th – 18 th
Week 3	July 21 st – 28 th	Week VEP 1	August 18 th – 25 th Details will be provided by organisers.
Week 4	July 28 th – August 4 th Purnima satsang on August 1 st	Weekend VEP 2	August 25 th – August 27 Details will be provided by organisers.

Start first day: Dinner at 5.00 pm., Satsang at 7.00 pm. Rooms are ready after 4.00 pm. **End** last day: after morning Satsang

PLEASE, REGISTER IN YOUR YOGA-CENTER LATEST 2 WEEKS AHEAD

Registrations are valid only after full payment of the programme-fee. By registering the participants accept the regulations given for this seminar. Please, travel to ashram only after registering. Unregistered applicants will not be allowed to enter.

Attention: The authorities in CZ require that at the registration in Střilky a filled-up registration form as well as valid identity document (passport or identity card) is presented. Driver's license is not sufficient.

To register only for evening satsangs – please follow the link on <https://joga.cz/satsang/>. The registration for evening satsangs will be opened gradually depending on the remaining free capacity of the venue.

Due to hygienic precaution, please bring your own crockery. If COVID-situation changes, the proper measures may be implemented (face-masks, distancing and restricting the number of participants).

The programme is mainly in English language. Please contact your country organiser for the translation details. Translations (if available) are provided via Wi-Fi broadcast (please bring your own smart phone and headphones).

Concerning the available places, prices and rules, please follow the advice of your country organisers.

Please note, that your country organisers have the right to ask you to change or cancel your application if the situation changes.

According to the law, the consent form must be signed by non-members, children under 16 years and non-EU foreigners.

All participants agree that the remaining money after covering all costs for the event will be donated for social projects in India.

Address: Mahaprabhudeep Ashram, Zamecka 202, 768 04 Střilky, Czech Republic

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